## Scientific Programme

**Date:** 13 October 2018 (Saturday)  
**Venue:** Ballrooms, 3/F, Sheraton Hong Kong Hotel and Towers

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>08:00 - 08:30</td>
<td>Registration</td>
<td>Ballroom Foyer</td>
</tr>
</tbody>
</table>
| 08:30 - 08:45| **Opening Remarks**  
**Dr. Tak-yi CHUI, JP**  
Under Secretary for Food and Health, the Government of the HKSAR  
**Dr. Carina Ching-fan LI**  
President, the Hong Kong Pain Society | Ballroom C                |
| 08:45 - 09:45| **Plenary Session 1: Better Pain Education**  
Chairperson: Dr. Liu Xiao (China)  
**Improving Pain Management through Education**  
Dr. Mary CARDOSA (Malaysia)  
**Pain Education – Local Perspectives and Direction**  
Dr. Phoon-ping CHEN (Hong Kong) | Ballroom C                |
| 09:45 - 09:55| Q & A                                                                                       | Ballroom C              |
| 09:55 - 10:25| Coffee Break & Exhibition                                                                   | Ballroom Foyer          |
| 10:25 - 11:25| **Concurrent Session 1: Headache/ Migraine Pain**  
Chairperson: Dr. Anthony Kui-hung NJO (Hong Kong)  
**Clinical Pearls in Diagnosing and Managing Migraine**  
Dr. Raymond Chin-kong CHAN (Hong Kong)  
**Orofacial Pain (Dental Perspective)**  
Dr. Ke-li AU (Hong Kong) | Ballroom C                |
| 11:25 - 11:35| Q & A                                                                                       | Ballroom C              |
| 11:35 - 12:50| **Lunch / Annual General Meeting of HKPS** (Ballroom A, 11:35-12:05)                      | Ballroom Foyer          |
| 12:50 - 13:50| **Plenary Session 2: Musculoskeletal Rehabilitation**  
Chairpersons: Dr. Carina Ching-fan LI (Hong Kong), Dr. Steven Ho-shan WONG (Hong Kong)  
**Evidence-based Rehabilitation in Pain Management**  
Dr. Ke-ven CHANG (Taiwan)  
**How to Manage Musculoskeletal Pain in Mainland China**  
Dr. Liu Xiao (China) | Ballroom C                |
| 13:50 - 14:00| Q & A                                                                                       | Ballroom C              |
| 14:00 - 15:00| **Concurrent Session 3: Knee Pain**  
Chairperson: Dr. Sharon Man-ha TSANG (Hong Kong)  
**Fast-track Arthroplasty: How to Enhance Recovery after Joint Replacement Surgery**  
Dr. Lewis Ping-keung CHAN (Hong Kong)  
**Lower Limb Biomechanics Concerns in Treating Knee Pain**  
Ms. Debbie LOOK (Hong Kong) | Ballroom C                |
| 15:00 - 15:10| Q & A                                                                                       | Ballroom C              |
| 15:10 - 15:40| Coffee Break & Exhibition                                                                   | Ballroom Foyer          |
| 15:40 - 16:40| **Concurrent Session 5: Mind and Body**  
Chairperson: Dr. Connie Sau-kwan POON (Hong Kong)  
**Psychiatric Approach of Chronic Pain in the Elderly**  
Dr. Willy WONG (Hong Kong)  
**Process-based and Contextual CBT for Chronic Pain: Incorporating Mindfulness, Acceptance and Value-based Actions**  
Dr. Tony Chi-ming WONG (Hong Kong)  
**Neuro-Semantics Approach of Meta-Statesing Pain**  
Ms. Mandy CHAI (Hong Kong) | Ballroom C                |
| 16:40 - 16:50| Q & A                                                                                       | Ballroom C              |
| 16:50 - 17:00| **Closing Remarks**  
**Ms. Mary Man-lai CHU**  
Chairman, the Hong Kong Pain Society Annual Scientific Meeting 2018 | Ballroom C              |

* Programme is subject to change without prior notice.